

## SAFETY TIPS FOR STUDENTS WALKING AND BIKING TO SCHOOL



- Practice walking and biking to school with an adult to learn your route.
  - Stay alert and look around continuously to stay aware of what is around you.
  - During the day, wear light-colored or bright-colored clothing so that you can be seen.
  - Walk or bike in groups.
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- Always wear a helmet when riding your bike.
  - Do not allow someone to ride as a passenger on your bike.
  - Make sure your bike is in good working condition. Check brakes, tires, bike chain, seat adjustment and reflectors. Make sure your bike is the proper size for you.
  - If something blocks your walk path such as snow, ice or a sidewalk that is not continuous, look around and walk carefully around the obstruction. If the roadway is the only option, walk facing traffic so that traffic is visible. Use the shoulder of the road as far from the driving lane as possible.
  - Allow cars to pass before attempting to cross a street.
  - Always look left and right before and while crossing to make sure that no vehicles are approaching.
  - Always cross at an intersection using a crosswalk when available.
  - Never walk, run or ride your bike between parked cars and buses.
  - Always use a crosswalk when one is available.
  - Check with your school for information on walking groups.

